

## Kayak Trip Packing List

Personal Items (1 ea.)	Ticks	Notes
Boat		
Paddle		
Paddle Leash		
Sponge		
Compass		
Watch		
Map Case		
Sling and Krab		
Knife		
Whistle		
Pencil		
Flares		
Light Stick		
Kayak Trolley		
Ratchet Strap		
Deck Cover		
IKEA Bag		
Spray Deck		
Buoyancy Aid		
Cag		
Wet Shoes		
Neoprene Socks		
Neoprene Hat		
Pogies		
Camelbak		
Water Bottle		

Personal Items (1 ea.)	Ticks	Notes
Sleeping Bag		
Sleeping Pad		
Camp Chair		
Head Torch		
Survival Bag		
Midge Net		
Lip Salve		
Spoon		
Brimmed Hat		
Gloves		
Buff		
Waterproofs		
Fleece		
Thermals		
Shorts		
Socks		
Sunglasses w/ cord		
Change of clothes		
Underwear		
Trainers		
Phone in case w/ charger		
iPod in case w/ charger		
Basic First Aid kit		
Towel		
Sponge Bag		

Team Equipment	Ticks	Notes
Tow Line		
Paddle Float		
Pump		
Spare Paddle		
GPS in case		
Flare Gun		
Dry Bags		
Radio w/ charger		
Binoculars		
Sunscreen		
Waterproof notebook		
Spare Batteries		
Water Purifier		
Water Carriers		
Stove w/ repair kit		
Stove Fuel		
Pans		
Cooking Equipment		
Scrubbie		
Lighters		
Tent		
Camera w/ charger		
Books		
Guidebooks		
Maps		
Diary w/ pen		
Wind-up charger		
Loo roll		

<b>Team Equipment</b>	<b>Ticks</b>	<b>Notes</b>
Chain w/ lock		
Nail Clippers		
Vaseline		
Midge Spray		
FOOD		

<b>First Aid Kit</b>	<b>Ticks</b>	<b>Notes</b>
Climbing Tape		
Antihistamine Spray		
Savlon		
Wound Pads		
Crepe Bandage		
Tweezers		
Compeed		
Safety Pins		
Steri Strips		
Plasters		
Athletes foot powder		
Ibuprofen		
Aspirin		
Codine		
Paracetamol		
Sugarfree gum		
Wipes		
Immodium		
Throat Lozenges		

<b>Repair Kit</b>	<b>Ticks</b>	<b>Notes</b>
3mm Drill bit		
Junior Hacksaw Blade		
2mm cord		
DuckTape		
Seam Grip		
Tent Patches		
Multi Tool		
Dental Floss		
Epoxy Putty		
Sewing Kit		
Skeg Cable		
Tent Pole Sleeve		